



# REQUEST FOR ELECTRONIC COMMUNICATIONS

## SECTION A: PERSONAL DETAILS

PLEASE USE CAPITAL LETTERS

Title	Surname
First name(s)	Membership Number
Contact Telephone Number	
Date of birth	National Insurance Number
Email address	

## SECTION B: HOW YOU RECEIVE INFORMATION

PLEASE TICK RELEVANT BOXES

We currently send communications by post however, for members to access information more securely and to reduce our carbon footprint, we prefer to contact our members electronically.

I agree and consent to receive communications sent by the Cheviot Trust electronically.

I **do not** consent to receive communications sent by the Cheviot Trust electronically.

If you change your mind about how you would like to receive communications from The Cheviot Trust, please let us know in writing. If you elect not to receive communications electronically then you will continue to receive them by post.

## SECTION C: DECLARATIONS

I confirm that this form represents my wishes until such time as I submit a further form.

I acknowledge that the information on this form is held and processed by the Cheviot Trust, my employer and organisations providing services for the purposes of administering the scheme, in accordance with the Data Protection Act 2018 and the UK General Data Protection Regulation.

Further details about how we use your personal data can be found in our [Privacy policy](#).

Signature:	Date:
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**The Cheviot Dashboard is not currently available to Final Salary Scheme members or Pensioners.** Our member website [www.mycheviotpension.com](http://www.mycheviotpension.com) provides lots of useful information and we are working behind the scenes to improve our digital services, inclusive of all members.

**Please complete this form and return via email or post using these details:**  
**The Cheviot Trust, Kingswood House, 58 – 64 Baxter Avenue, Southend-on-Sea, Essex SS2 6BG**  
**T. 01702 354024 E. [people@cheviottrust.com](mailto:people@cheviottrust.com) W. [www.mycheviotpension.com](http://www.mycheviotpension.com)**